

## POINTS OF DISTINCTION

Counseling Psychology faculty members have a wealth of knowledge and experience in counseling. Ben Mathew earned his master's degree in Biblical Counseling at Dallas Seminary. While in the Dallas area, he worked in a private practice and at the nationally-known Minirth Clinic, specializing in adolescent rehab and conflict resolution. Seth Scott received his master's degree in Community Counseling from Regent University. Seth pursued specialized training and certification in addiction, couple's counseling, and addressing trauma, anxiety, depression, and conduct issues in adolescents and young adults.

The Counseling Psychology program includes a variety of practical experiences, including group activities, site visits, crisis-management training, and guest speakers.

*"The Counseling Psychology program has fully trained and equipped me to serve as a Behavioral Health Intervention Counselor, as well as prepare me for studies at a graduate level. My colleagues are beyond impressed by the knowledge that I have gained during my time at Emmaus. Class instruction is provided by professors who are equipped to not only teach but also counsel. The professors create a truly unique learning environment by sharing their personal and professional experiences with their students."*

**Riley Ashley '16**  
Counseling  
Psychology  
Dubuque, IA



# EMMAUS

## BIBLE COLLEGE

A GUIDE TO ACADEMIC PROGRAMS

## COUNSELING MINOR

The Biblical Counseling minor is a 20 credit program designed to provide students with a thorough understanding of the Bible and counseling theory and practice to equip them for effective counseling ministry and/or vocation. The program includes intensive study in three academic areas: Bible/Theology, general education, and counseling psychology studies.

### PROGRAM OUTCOMES

- 1. Distinctively Christian Integration**  
Develop the skills necessary to integrate a comprehensive knowledge of the Bible and major theological concepts with skills in psychological theory, methodology and technique.
- 2. Knowledge of Theories**  
Be conversant with the major secular and Christian psychological theories and practices and be able to evaluate them from a sound biblical and theological point of view.
- 3. Knowledge of Problems and Delivery of Care**  
Be able to identify the issues and problems that people, groups, and communities face in life, for the purpose of treating and bringing help to those problems.
- 4. Development of Counseling Skills**  
Develop competent counseling skills within a thoroughly biblical framework, including interviewing skills and communication skills in one-on-one and small group situations.
- 5. Appreciation of Diversity in Counseling**  
Demonstrate awareness of multicultural, gender, and racial concerns in counseling relationships and how diverse populations respond differently to counseling.
- 6. Knowledge of Abnormal Psychology**  
Demonstrate a basic understanding of psychopathology and the various treatments available.
- 7. Professional Development**  
Understand the legal, ethical, ministerial, and professional issues in contemporary counseling ministry and/or practice.
- 8. Personal Growth**  
Reflect on his or her own mental, spiritual, emotional, and relational growth to help strengthen his or her Christian character and develop a deep level of dedication to people, and to a ministry of helping them with their lives in a way that is honoring to God.
- 9. Ministry and Vocational Opportunities**  
Be prepared for ministry or career roles within a variety of church, para-church, private, and governmental social services that require effective personal, emotional, and relational abilities.



**Counseling Minor  
2016 - 2017**

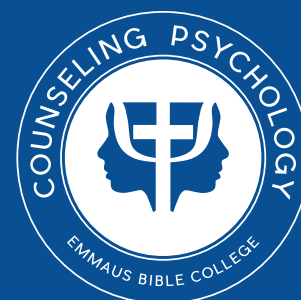
<b>Requirements</b>	<b>Credits</b>	<b>Earned</b>
<i>The following courses must be taken in prerequisite order:</i>		
Introduction to Psychology (PSY 111)	3	_____
Counseling Foundations (COU 121)	3	_____
Marital & Family Therapy (COU 221) <i>or</i> Addictive Behaviors (COU 422)	3	_____
Methods & Techniques of Counseling (COU 311)	3	_____
Group Dynamics of Counseling (COU 321) <i>or</i> Multicultural Counseling Techniques (COU 322)	3	_____
Crisis Intervention Counseling (COU 411)	3	_____
Ethics & Issues of Counseling (COU 412)	2	_____
<b>Total Credits</b>	<b>20</b>	_____



**Benjamin T. Mathew**  
 Chair, Counseling Department  
 Program Director, Counseling Psychology  
 Director of Counseling Services  
 B.S., Biblical Studies, Emmaus Bible College  
 M.A., Biblical Counseling, Dallas Theological Seminary  
 Doctoral Studies, General Psychology, Northcentral University  
 Licensed Mental Health Counselor, State of Iowa  
 2002 – present  
 Emphases: Counseling, Psychology



**Seth L. Scott**  
 B.S., Biblical Studies and Intercultural Studies,  
 Emmaus Bible College  
 M.A., Community Counseling, Regent University  
 Doctoral Studies, Counselor Education, Walden University  
 Licensed Mental Health Counselor, State of Iowa  
 National Certified Counselor, NBCC  
 Certified Alcohol and Drug Counselor, State of Maine  
 (inactive)  
 2012 – present  
 Emphases: Counseling, Psychology



**MOST AFFORDABLE**

